

REBUILDING: WHEN YOUR RELATIONSHIP ENDS SEMINAR!

Starting on Tuesday Evening, November 5, 2019, 6:00 p.m. to 9:00 P.M.

At the St. Peter=s United Church of Christ, 905 S. Russell St., Champaign, IL 61821

Email: dealralph5@aol.com or call 1-217-372-4727 or ralphdeal1114@gmail.com

Ralph Deal will be offering his Rebuilding Class for persons who have ended a relationship through divorce, separation or someone leaving unexpectedly. This class started in 1983 and has been attended by hundreds of persons in the Champaign-Urbana area and throughout Central Illinois. Rev. Ralph Deal is currently the pastor of the Tuscola United Church of Christ. He has degrees in engineering (University of Wisconsin); a Master of Divinity (Northern Baptist Theological Seminary); psychology (University of Wisconsin-Stevens-Point) and recently received a M.S. Ed. Psychology degree in counseling from Eastern Illinois University.

The Rebuilding seminar consists of presentations, small group discussions, homework assignments, and the reading of a book. The classes provide an opportunity for persons to grow personally and spiritually, meet and make special friends, and feel immensely better about themselves no matter what their situation.

The class sessions deal with the following topics and more: The Recovery Process, Overcoming Denial; Stages of a Relationship; Loneliness and Fear; Guilt versus Rejection; The Grieving Process; Creatively Dealing with Anger; Learning to Forgive; Letting Go; Rebuilding Your Self-Esteem; Developing Friendships; Dealing With the Leftovers; Trusting Again; Redefining Love; Starting New Relationships; Sexuality; Responsibility; Creative Singlehood and Freedom. The classes primarily are an opportunity to receive support and encouragement.

The total cost of the class is \$200.00 which will cover the cost of a book (written by Ralph Deal) and a workbook. The class fee can be paid over the 10-week class period. Call 1-217-372-4727 or email him for detailed information and a brochure.

REGISTRATION FORM FOR REBUILDING: WHEN YOUR RELATIONSHIP ENDS SEMINAR

starting Tuesday, November 5, 2019 at 6:00 P.M. to 9:00 P.M.

Located at the St. Peter=s United Church of Christ, 905 S. Russell St., Champaign, IL 61821

NAME: _____

ADDRESS: _____ CITY: _____ ZIP _____

HOME PHONE: _____ WORK PHONE: _____

EMAIL ADDRESS: _____ CELL PHONE: _____

I plan to attend the: _____ Tuesday Night Seminar beginning, November 5, 2019

(6:00 – 9:00 P.M., Tuesday nights; Ten Weeks in Length!)

Call 1-217-372-4727 to register for the class or email for further info!

Mail registration form to
and make check payable to:

Ralph Deal
35 N. Prairieview Ave.
Tuscola, IL 61953